




WHO DO YOU THINK YOU ARE?

Quick Reference Guide



QUALITY OF BEING 	SHADOW ASPECTS + THEIR OBVIOUS (BUT INEFFECTIVE) FIXES	
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CHAMPION page 98	Zealous Taskmaster <i>Stop Caring So Much – People are Gonna be People</i>	Pessimistic Cheerleader <i>Rally the Troops – Guys, We Can Do Better!</i>
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JOY page 200	Obnoxious Child <i>Get Serious and Put Away the Toys</i>	Pit of Despair <i>Just Have Fun – Nothing Matters Anyway</i>

QUALITY OF BEING



SHADOW ASPECTS + THEIR OBVIOUS (BUT INEFFECTIVE) FIXES

Over-Expressing Shadow Aspect
Obvious (But Ineffective) Fix



Under-Expressing Shadow Aspect
Obvious (But Ineffective) Fix



LEADER page 212	Leader of Followers <i>Let Other People Lead</i>	Follower of Leaders <i>Step Up — It's My Time</i>
LOVE page 224	Cloying and Suffocating <i>Just Stop Caring So Much</i>	Cruel and Heartless <i>Become a Being of Pure Love</i>
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PURPOSE page 300	Purposeful Fascist <i>Turn Off the Purpose and Pour Another Glass of Wine</i>	Listless Freedom <i>Roll Up Your Shirtsleeves and Get Shit Done</i>
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UNITY/ONENESS page 322	Indecisive and Frozen <i>Stop Soft-Pedalling and Take Action</i>	Righteous Crusader <i>Give Up the Fight and Hold It All Sacred</i>
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WIT page 344	Obnoxious Clown <i>Kill the Clown and Get Serious</i>	Humour-Free Zone <i>Get to Playing—None of This Matters Anyhow</i>